

# BREAKFAST MENU CARB COUNT

Elementary 2024-2025

- Monday:** Mini Waffles (35)  
Variety Cereal & Toast (16)  
Variety Milk  
Variety Fruit Juice  
½ Cup of Fruit
- Tuesday:** \*Turkey Sausage Patty (0) & Biscuit (14)  
Yogurt (15) & Variety Cereal  
Variety Milk  
Variety Fruit Juice  
½ Cup of Fruit
- Wednesday:** Cinnamon Roll (32)  
Variety Cereal & Toast (16)  
Variety Milk  
Variety Fruit Juice  
½ Cup of Fruit
- Thursday:** Blueberry Muffin Top (28) & \*Turkey Sausage (0)  
Variety Cereal & Toast (16)  
Variety Milk  
Variety Fruit Juice  
½ Cup of Fruit
- Friday:** Breakfast Pizza (21)  
Variety Cereal & Toast (16)  
Variety Milk  
Variety Fruit Juice  
½ Cup of Fruit